

JG Regional Tryouts Order of Events

TIME	A/AA	B	C
9:30AM	DISTANCE RUN	DISTANCE RUN	DISTANCE RUN
	DISTANCE SWIM	BEACH FLAGS	RUN-SWIM-RUN
	DISTANCE PADDLE	DISTANCE SWIM	BEACH FLAGS
	BEACH FLAGS	DISTANCE PADDLE	DISTANCE PADDLE
	RUN-SWIM-RUN	RUN-SWIM-RUN	DISTANCE SWIM