



# SIDEWALK CPR DAY

## June 4, 2015

Can you spare 10 minutes to learn how to save someone's life? Because 80 percent of cardiac arrests occur at home, the life you save with CPR is likely to be someone you know and love. Hands Only CPR provided immediately after sudden cardiac arrest can up to triple a victim's chance of survival.

Firefighters, lifeguards, EMTs and other health care professionals will be offering this important and FREE training at various locations throughout Los Angeles County. No appointments are necessary; just show up at any convenient location at any time during the hours listed.

**PulsePoint**

Once you've learned CPR, download the PulsePoint app at [pulsepoint.org](http://pulsepoint.org) and get alerted when a sudden cardiac arrest occurs nearby.

**Find your nearest training site at**  
**[fire.lacounty.gov/sidewalkcpr](http://fire.lacounty.gov/sidewalkcpr)**

**#sidewalkcprLA**

