

# Summer Youth Sailing Camp



## BURTON CHACE PARK

13640 Mindanao Way, Marina del Rey, CA 90292



**Beginning Sailing:** Los Angeles County Lifeguards will instruct beginning sailing courses teaching students basic sailing knowledge and terms, boat maintenance and rigging, knot tying, tacking, docking and instruction to ocean sailing. Students will learn to sail on 14-foot Capri sailboats (with main sail and jib). In the final days of the session, students will get experience on 24-foot MacGregor sailboats.

**Advanced Sailing:** Applicants must have completed at least two sessions of the Beginning sailing class and have the recommendation of the instructor (or equivalent). The Advanced sailing class will involve a one day review and evaluation of beginning skills, followed with extensive ocean sailing on our Laser sailboats.

**Dates:** June 20-24 (Beg. sailing); June 27-July 1 (Beg. sailing); July 5-8 (4-day course Beg. sailing); July 11-15 (Adv. sailing); July 18-22 (Beg. sailing); July 25-29 (Beg. sailing); August 1-5 (Beg. sailing); August 8-12 (Adv. sailing); August 15-19 (Beg. sailing); and August 22-26 (Beg. sailing).

**Ages:** 11 - 17 years old

**Class Size:** 6 - 12 students with 2 Lifeguard instructors

**Times:** 10:00 a.m. — 4:00 p.m.

**Fee:** \$250 per 5-day session/\$200 per 4-day session\*

**\*Financial aid available to qualifying families.**



**\*NOTE: Applicants must successfully complete a 100-yard swim test in 2 minutes and 20 seconds to be eligible for Beginning Sailing.**

If you are interested in this Summer Youth Sailing Camp, please call [\(310\) 305-9587](tel:3103059587).

W.A.T.E.R. Youth Program

2016 Summer

# BEGINNING AND ADVANCED SAILING

Los Angeles County Lifeguards will be instructing a 5-day Beginning sailing and Advanced sailing class. All sessions will be held in Marina del Rey, at 13640 Mindanao Way. The Beginning sailing curriculum will include knot tying, basic sailing knowledge and terms, boat maintenance and rigging, tacking, docking and ocean sailing. Students will be learning to sail on 14-foot Capri sailboats (with main sail & jib); in the final days of the session (depending on the advancement of the class) the students get experience on 24-foot MacGregor. Applicants in the Advanced sailing must have completed at least two sessions of the Beginning sailing class and have the recommendation of the instructor (or equivalent). The Advanced sailing class will involve a one day review and evaluation of beginning skills, followed with extensive ocean sailing on our Laser sailboats. Students should wear their swimsuit under comfortable clothes and tennis shoes to class. Bring a towel, warmer clothing and a snack or lunch. In the event of inclement weather or unsafe water conditions, camp cancellation may occur: Notification will be made as soon as possible, prorated refund by day will be issued.

## **ELIGIBILITY/ENROLLMENT**

Sailing is open to boys and girls, ages 11-17, who successfully **complete a 100-yard swim test in 2:20** minutes or less. Returning participants from the 2015/16 programs including 2015 Jr. Lifeguards are exempt from the swim test. Enrollment is on a first-come, first-serve basis. Classes are limited to 12 students with a minimum of six. If the minimum of six is not met, the class may be canceled. A waiting list will be formed after the class is filled.

## **SESSION DATES & TIMES**

Summer sailing classes will be held Monday - Friday, **from 10:00am to 4:00pm** during the following weeks:

## **SESSION**

- June 20-24 (Beginning Sailing)
- June 27-July 1 (Beginning Sailing)
- July 5-8 (4-day course – Beginning Sailing)
- July 11-15 (Advanced Sailing)
- July 18-22 (Beginning Sailing)
- July 25-29 (Beginning Sailing)
- August 1-5 (Beginning Sailing)
- August 8-12 (Advanced Sailing)
- August 15-19 (Beginning Sailing)
- August 22-26 (Beginning Sailing)

## **MEETING LOCATION**

All Beginning Sailing classes will meet at our Marina del Rey Boathouse location:

**13640 Mindanao Way at Chace Park in Marina del Rey.**

**Enter meter parking lot, class will meet at containers to the left as you enter.**

**\*There must be a minimum of 6 students enrolled.**

# **2016 Summer Beginning and Advanced Sailing - General Information**

## **MEETING LOCATION**

13640 Mindanao Way, Marina del Rey. From Lincoln Blvd., turn west on Mindanao Way, continue to end of street veer to the left and park in metered parking lot. Class will be held at containers to the left as you enter parking lot. Participants should be dropped off (10:00am) and picked up (4:00pm).

## **SWIM TEST**

**Applicant must successfully complete 100yds in 2:20 or less to be eligible for Beginning sailing. Returning 2015/16 participants from sailing and 2015 Jr. Lifeguards are exempt from the swim test.**

New applicants may take the 100yd swim test at a pool near their home using our swim test verification form (attached). Test must be given by a certified lifeguard or a registered swim coach to be valid. Submit the swim test verification form, with a beginning/advanced sailing application. **Both papers must be submitted together in order to be enrolled in the class.**

Please call for more information (310) 305-9587.

## **COST**

**\$250 per participant for the 5-day session and \$200 per participant for the 4-day session.** This will include instruction, use of all equipment, and a program T-shirt. FINANCIAL AID assistance, based on family income, is available to qualified participants. Please call for more information (310) 305-9553. No deposits may be accepted. Make check payable to **W.A.T.E.R. Youth Program** for the full amount, and send to:

**W.A.T.E.R. Youth Program  
13483 Fiji Way, Trailer #4  
Marina del Rey, CA 90295**

## **REGISTRATION/CONFIRMATION**

**DO NOT mail in applications before passing SWIM TEST**

Participants' enrollment will be confirmed by email once participants' application and fee have been received and processed at the W.A.T.E.R. Program office.

## **REFUNDS**

A refund of registration fees is available only under certain conditions. In the event Summer Beginning and Advanced Sailing Camp must be cancelled due to an unpredictable occurrence, unsafe weather or surf conditions, a pro-rated refund may be issued dependent on the number of days completed. In the event a participant is unable to attend the program, email [laurie.cordobes@fire.lacounty.gov](mailto:laurie.cordobes@fire.lacounty.gov) or fax 310-577-8666, a brief written request for the refund and the reason for not attending. Please include your child's name and session enrolled in on your request. Please be patient; refund process takes 6 - 8 weeks for the check to be sent in the mail.

**You may contact the W.A.T.E.R. Youth Program office at (310) 305-9587**

County of Los Angeles - Dept. of Beaches & Harbors  
**W.A.T.E.R. YOUTH PROGRAM**  
**2016 PARTICIPANT APPLICATION**

**SESSION DATE:** \_\_\_\_\_

**CIRCLE ACTIVITY:**      **BEG. SAILING**      **ADV. SAILING**

**PARTICIPANT'S NAME:** \_\_\_\_\_

**GENDER:**    **MALE**    **FEMALE**                      **BIRTHDATE:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**TELEPHONE NUMBERS**

**HOME (    )**                      **MOTHER'S CELL (\_\_\_\_)\_\_\_\_\_**      **MOTHER'S WK (\_\_\_\_)**  
**FATHER'S CELL (\_\_\_\_)\_\_\_\_\_**      **FATHER'S WK (\_\_\_\_)\_\_\_\_\_**

**PARENT'S E-MAIL ADDRESS** \_\_\_\_\_

IN CASE OF AN EMERGENCY, IF WE ARE UNABLE TO CONTACT EITHER PARENT, PLEASE PROVIDE THE NAME AND PHONE NUMBER OF A RELIABLE FRIEND OR RELATIVE:

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

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**AMATEUR ATHLETIC  
MINOR WAIVER AND RELEASE OF LIABILITY**

In consideration of being allowed to participate in any way in the Los Angeles County W.A.T.E.R. Program athletic/sports program, and related events and activities, the undersigned:

1. Agrees that the parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her coach of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence, but the action, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at the time.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue the County of Los Angeles, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasee" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

**I/WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.**

Parent/Guardian Signature \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_\_

Print name of Participant \_\_\_\_\_ Print name of Parent \_\_\_\_\_

**FOR OFFICE USE ONLY**

50/100 YD Swim Test: PASS FAIL Time: \_\_\_\_\_ Date \_\_\_\_\_ Test Monitor \_\_\_\_\_

Amount Due\$ \_\_\_\_\_ Date Paid \_\_\_\_\_ Check # \_\_\_\_\_ Check Name \_\_\_\_\_

**AUTHORIZATION OF CONSENT TO MEDICAL TREATMENT OF A MINOR**

I (We), the undersigned, parent(s) of \_\_\_\_\_, a minor, do hereby authorize all representatives of the Los Angeles County Department of Beaches and Harbors as agent(s) for the undersigned, to consent to any X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by and rendered under the general or special provision of any physician and surgeon licensed under the provisions of the Medical Practice Act or the medical staff of any accredited hospital, but is given to provide authority and power on the part of our aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgement may deem advisable.

It is understood that effort shall be made to contact the undersigned prior to the rendering of treatment to the patient but that none for the above treatment shall be withheld if the undersigned cannot be reached.

This authorization shall remain effective through Sept 30, 2016 unless sooner revoked in writing and delivered to said agent(s).

**Date:** \_\_\_\_\_ **Home Phone#** \_\_\_\_\_

**Signature of Mother:** \_\_\_\_\_ **Cell/Wk Phone #** \_\_\_\_\_

**Signature of Father:** \_\_\_\_\_ **Cell/Wk Phone #** \_\_\_\_\_

**Signature of Guardian:** \_\_\_\_\_ **Cell/Wk Phone #** \_\_\_\_\_

In compliance with Consent Manual, California Hospital Association.

**Doctor's Name:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Insurance Carrier:** \_\_\_\_\_ **Policy #** \_\_\_\_\_

**Medical Information:** (include known allergic reactions, specific medications, medical problems, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**OPTIONAL:** Please CHECK which best identifies the participant.

AMERICAN INDIAN/or

\_\_\_\_\_ ASIAN-PACIFIC ISLANDER

\_\_\_\_\_ NATIVE AMERICAN

(Chinese, Japanese, Korean, Southeast, and persons having origins on the Indian subcontinent)

\_\_\_\_\_ HISPANIC  
(Mexican-American, South American, Cuban, Puerto Rican)

\_\_\_\_\_ BLACK/or AFRICAN-AMERICAN

\_\_\_\_\_ FILIPINO

\_\_\_\_\_ WHITE/or CAUCASIAN

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**Giving permission to use participant's photos in our Brochure and website for Los Angeles County W.A.T.E.R. Youth Program**

IN CONSIDERATION FOR VALUE RECEIVED, I hereby give County of Los Angeles Department of Beaches and Harbors or its assigns the absolute right and permission to copyright and/or publish, or use photographic portraits or pictures of me or in which I may be included in whole or in part, or composite or reproductions thereof in color or otherwise, made through any media at our studio or elsewhere, for art, advertising, publicity, promotions, or any other lawful purpose whatsoever.

I hereby waive any rights that I may have to inspect and/or approve the finished product or the advertising copy that may be used in connection therewith, or the use to which it may be applied.

I hereby release, discharge and agree to save County of Los Angeles Department of Beaches and Harbors from any liability by virtue of alteration, optical illusion, or use in composite form, whether intentional or otherwise, that may occur or be produced in the taking of said pictures, or in any process tending toward the completion of the finished product.

Dated this day \_\_\_\_\_ Location \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

\_\_\_\_\_ IF THE ABOVE MODEL IS A MINOR THE FOLLOWING MUST  
BE COMPLETED

Parent, Guardian or Witness \_\_\_\_\_ Relationship \_\_\_\_\_



COUNTY OF LOS ANGELES  
DEPARTMENT OF BEACHES AND HARBORS  
**W.A.T.E.R. YOUTH PROGRAM**



All W.A.T.E.R. Youth Program Applicants are required to pass a timed, 100 yd. swim test in order to participate in Sailing Camp. All tests must be administered by an American Red Cross certified lifeguard or a registered USA/YMCA swim coach. The test time is as follows: Sailing Camp - 100 yards under 2:20. Proof of passing the test is required to process the applications for Youth Program activities. Please include this form with the submittal of your application. Thank you and good luck!

Date\_\_\_\_\_

Child's Name\_\_\_\_\_

100 yd. Swim Time \_\_\_\_\_

Examiner's Name\_\_\_\_\_

Examiner's Title \_\_\_\_\_

Organization of Certification (i.e. Red Cross) \_\_\_\_\_

Certification Number \_\_\_\_\_

Examination Location\_\_\_\_\_

Examiner's Signature\_\_\_\_\_

Phone number where Examiner can be reached\_\_\_\_\_