



**COUNTY OF LOS ANGELES FIRE DEPARTMENT  
LIFEGUARD DIVISION  
JUNIOR LIFEGUARD PROGRAM  
2019 CADET PROGRAM DATES**

- **June 8** – Tryout & Training Option #1 (6 hours)
- **June 9** – Tryout & Training Option #2
  - Must attend **ONE** of these days.
- **June 15** – New Junior Lifeguard Clinic
- **June 17** – Training #2
- **June 18** – Training Day #3
- **June 19** – Session 1 Begins
- **June 21** – Make up Cadet Training #2 (Tor/Red only)
- **June 24** – Make up Cadet Training #3 (Tor/Red only)
- **June 25** – Cadet Training #4 (AM/PM) @ The Lifeguard Administrative Building
- **July 1** – Cadet Training #5 (AM/PM) @ Zuma Beach Headquarters
- **July 8** – Cadet Training #6 (AM/PM) @ Will Rogers State Beach
- **July 22** – Session 2 Begins
- **July 23** – Cadet Training #7 (AM/PM) @ Venice Beach
- **July 30** – Cadet Training #8 (AM/PM) @ Hermosa Beach Headquarters
- **August 13** – Cadet Training #9 (AM/PM) @ Torrance Beach
- **August 20** – Cadet Training #10 (AM/PM) @ The Lifeguard Administrative Building
- **August 24, 25, 31, September 1, 2** – Cadet Tower Days
- **September 9** – Cadet Graduation